



14 January 2025

**Pastoral Statement for dispensation from fasting
during Chinese New Year 2025**

Dear People of God,

This year, the Lunar / Chinese New Year falls on 29 January 2025, and most Chinese celebrate the event for fifteen days, ending 12 February 2025.

The Catholic Bishops Conference of Malaysia, Singapore and Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore and Brunei offer the following guidance:

- (1) That the Fridays of January 31, 2025 and February 7, 2025, dispensation is given from abstinence.
- (2) That the faithful substitute these days with other forms of penance, especially works of charity and exercises of piety during this Year of Jubilee.

Wishing you the Lord's abundant blessings and joyous celebration of the Chinese New Year.

H. Em Cardinal William Goh

President

Episcopal Regional Liturgy Commission

Catholic Bishops' Conference of Malaysia-Singapore-Brunei